HEALTHTREE QUESTIONNAIRE

HEALTHTREE

PLEASE ASK YOUR NURSE OR HEALTH CARE TEAM IF YOU NEED HELP COMPLETING THE FORM

Name	Date:

PRIOR MYELOMA TREATMENT

TREATMENT	START MM/YYYY	STOP MM/YYYY	TYPE OF TREATMENT	DID THE DOCTOR ADD OR REMOVE A DRUG OR CHANGE YOUR DOSE?	DATE OF CHANGE OR DOSE REDUCTION
EXAMPLE: Revlimid / dexamethasone (no planned stem cell transplant)	08/2010	08/2012	chemo/myeloma therapy	Lowered Revlimid dose	January 2010
SCT EXAMPLE: Rev/Velcade/dex Stem Cell Transplant Revlimid	06/2012 10/2012 11/2012	09/2012 04/2016	induction transplant maintenance	No	
EXAMPLE: Kyprolis/Ixazomib/dex	01/2018	Current therapy	chemo/myeloma therapy	Stopped Kyprolis	04/2018
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PRIOR MYELOMA TREATMENT

TREATMENT	START MM/YYYY	STOP MM/YYYY	TYPE OF TREATMENT	DID THE DOCTOR ADD OR REMOVE A DRUG OR CHANGE YOUR DOSE?	DATE OF CHANGE OR DOSE REDUCTION
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12.					
13.					
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MYELOMA GENERAL QUESTIONS

QUESTION	OPTIONS	ANSWER
How many bone lesions did you have at diagnosis?	NO LESIONS 5 OR LESS 6 OR MORE	
What type of multiple myeloma do you have?	IgG Kappa IgG Lambda IgM Kappa IgM Lambda IgA Kappa IgA Lambda IgD Kappa IgD Lambda IgE Kappa IgE Lambda	
Is your multiple myeloma non-secretory? This means there is myeloma is detected in the bone marrow and there is evidence of end-organ damage, but there is no measurable protein in the blood or urine.	Yes / No	
Do you have light-chain only myeloma? This is myeloma that is found in 20% of myeloma patients and produces a kappa or lambda light chain, but not a heavy chain (IgG, IgA, etc)	No Yes, I have kappa light chain myeloma Yes, I have lambda light-chain myeloma	
Do you have extramedullary myeloma? This is myeloma that is either in soft tissue or found on the surface of bones.	Yes / No	
% of myeloma cells in plasma at diagnosis		

MYELOMA GENETIC TESTS - FISH TEST				
TEST DATE	TYPE OF FEATURE	MYELOMA PANEL GENETIC FEATURES	% OF CELLS	COMMENTS
MM/YYYY	GENE ADDITIONS	Gain 1q21 or amp1q21		
	GENE DELETIONS	Del(1p) Del(17p) Del(13q) / monosomy (13) Del(16q)		
	GENE TRANSLOCATIONS	t(4,14)(p16,q32) FGFR3 and MMSET t(6,14)(p21,320) CCND3 t(11,14)(q13,q32) CCND1 t(14,16)(q32,q32) c-MAF t(14,20)(q32,q12) MAF B t(12,14)(q13,q32) ETV6		
	TRISOMIES (3 COPIES OF THE CHROMO-SOME)	3, 5, 7, 9, 11, 15, 17, 19		
	TETRASOMIES (4 COPIES OF THE CHROMOSOME)	3, 5, 7, 9, 11, 15, 17, 19		
EXAMPLE: 08/2010		Deletion 13q / monosomy 13 trisomies of 9.11 and 15	14%	I had a MYC re-arrangement on my FISH test but I don't know what it means
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MYELOMA GENETIC TESTS - GENE EXPRESSION PROFILE TEST (GEP)				
TEST DATE	TYPE OF FEATURE	MYELOMA PANEL GENETIC FEATURES	SCORE	COMMENTS AND TEST NAME
MM/YYYY	GENE ADDITIONS GENE DELETIONS GENE TRANSLOCATIONS TRISOMIES OR HYPER-DIPLOID MYELOMA GAINS	Gain 1q21 or amp1q21 Del(1p) Del(17p) Del(13q) / monosomy (13) Del(16q) t(4,14)(p16,q32) FGFR3 and MMSET t(6,14)(p21,320) CCND3 t(11,14)(q13,q32) CCND1 t(14,16)(q32,q32) c-MAF t(14,20)(q32,q12) MAF B t(12,14)(q13,q32) ETV6 3, 5, 7, 9, 11, 15, 17, 19		
EXAMPLE: 08/2010		Deletion 13q / monosomy 13 trisomies/hyperdiploid 9	45	I had the MyPRS test run when I was diagnosed before I received treatment.
EXAMPLE: 09/2015		Deletion 13q / monosomy 13 translocation t(4;14) trisomies/hyperdiploid 9	SKY92 HIGH RISK	I had the Sky92 test run. I had relapsed.
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MYELOMA GENETIC TESTS - NEXT GENERATION SEQUENCING (NGS)				
TEST DATE	TYPE OF FEATURE	MYELOMA PANEL GENETIC FEATURES	% OF CELLS	COMMENTS AND TEST NAME
08/2010	GENE ADDITIONS GENE DELETIONS GENE TRANSLOCATIONS TRISOMIES (3 COPIES OF THE CHROMOSOME) TETRASOMIES (4 COPIES OF THE CHROMOSOME) OTHER MUTATIONS	Gain 1q21 or amp1q21 Del(1p) Del(17p) Del(13q) / monosomy (13) Del(16q) t(4,14)(p16,q32) FGFR3 and MMSET t(6,14)(p21,320) CCND3 t(11,14)(q13,q32) CCND1 t(14,16)(q32,q32) c-MAF t(14,20)(q32,q12) MAF B t(12,14)(q13,q32) ETV6 3, 5, 7, 9, 11, 15, 17, 19 3, 5, 7, 9, 11, 15, 17, 19 NRAS, KRAS, BRAF, TP53, FAM46C, DIS3 TRAF3, FGFR3, ATM		
EXAMPLE: 08/2010		Deletion 13q / monosomy 13 trisomies of 9.11 and 15 BRAF MUTATION KRAS MUTATION	14%	I had additional mutations that were listed as "of unknown significance" that included FBN1, KAT6A, KDR, LRP5, ROR2, TIE1 and TLR9. The test name was OncoSEQ.
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